

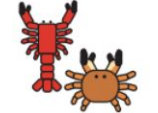

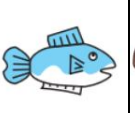
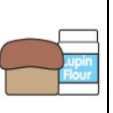






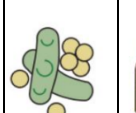



Allergen Information sheet



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Maple glazed Turkey Breast				✓		✓	✓							✓
Blackened Chicken							✓							
Braised Stew Chicken		✓												✓
Cod					✓									✓
Shrimp Carbonara		✓	✓											✓
Local catch w/ sundried tomato tapenade					✓									✓
Orzo		✓		✓			✓							✓
Ravioli's		✓		✓			✓			✓				
Fusilli		✓		✓			✓			✓				
							✓							✓

Allergen Information sheet



Acorn squash														
Brussel sprouts														
Asparagus														
Root vegetables, carrot, parsnip, celery root, beets, etc	√													
Kale & apples									√	√				√
Roasted pumpkin & spinach							√		√	√				√
Figs & curly endive							√		√	√				√
Braised eggplant														
White beans & kale														
Coconut Curry butter beans														